



MNHC
Mission Neighborhood
Health Center

Grupo Amparo

Support After the Loss of a Pregnancy / Baby

We are a free grief support group for Spanish-Speaking parents who have experienced a pregnancy loss through :

- miscarriage
- stillbirth
- a pregnancy that was wanted, but interrupted, after prenatal diagnosis.
- a premature birth
- sudden infant death syndrome
- death in the first year of life



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2nd and 4th Tuesday of
every month

Questions?

16th St & 240 Shotwell St,
San Francisco, CA 94110,
2nd Floor, Behavioral Health
Conference Room

4pm-6pm

Contact: Julie Mitra,
the Spanish support
group facilitator at :

415-310-8201

This is an open group; adults from the community are
welcome to participate!