

## HAND of the North Bay

## Helping After Neonatal Death www.HANDsupport.org

HAND of the North Bay is a chapter of HAND of the Peninsula. We are a grief support group for parents who have experienced the death of a baby through:

- miscarriage
- stillbirth
- a pregnancy that was wanted, but interrupted, after prenatal diagnosis or for maternal health
- premature birth
- SIDS
- death in the first year of life

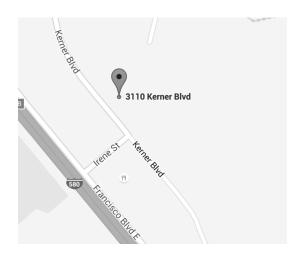
Many parents feel overwhelmed and confused by this devastating loss. It can help to talk with others who understand and share a similar loss. Our goal is for parents to support other parents in a safe place. Bereaved parents are able to share experiences, feelings, and assist one another through the grieving process. Parents, their adult family members and friends are welcome. This is a free support group.

## For support and more information please call HAND of the Peninsula at 650-367-6993 info@HANDsupport.org

## HAND of the North Bay support group meetings

Dates:	Third Wednesday of every month
Time:	7:00 - 9:00 pm
Location:	Marin Community Clinic located at
	3110 Kerner Blvd. (on the Kerner Loop)
	San Rafael, CA 94901

Parking lot is free Enter through the main lobby Meet in the waiting room to the right Your facilitator will escort you to the conference room Wheelchair accessible



located on the Kerner Loop