

## **Resources Recommended by HAND Families**

*A Silent Sorrow: Pregnancy Loss: Guidance and Support for You and Your Family*  
2nd edition by Ingrid Kohn, MSW & Perry-Lynn Moffit, with Isabelle A. Wilkins, M.D.  
Routledge, 2000

*A Broken Heart Still Beats: After Your Child Dies*  
by Anne McCracken & Mary Semel, Hazelden, 2000

*A Piece of My Heart: Living Through the Grief of Miscarriage, Stillbirth, or Infant Death*  
by Molly Fumia & Ann Dunnewold, Ph.D., Conari Press, 2000

*A Silent Sorrow: Pregnancy Loss, Guidance and Support for You and Your Family, 2<sup>nd</sup> Edition*  
By Ingrid Kohn, M.S.W., Perry-Lynn Moffitt & Isabelle A. Wilkins, MD, Routledge, 2000

*A Time to Decide, A Time to Heal - For Parents Making Difficult Decisions About Babies They Love, 4<sup>th</sup> edition*, by Molly Minnick, MSW, Kathleen Delp, ACSW & Mary Ciotti, MD., Centering Corporation, 1992

*Born Too Soon: The Extraordinary True Story of One Infant's Fight to Survive*  
by Elizabeth Mehren, Doubleday Books, 1998

*Comfort, A Journey Through Grief*  
by Ann Hood, W.W. Norton & Company, 2008

*Couple Communication After a Baby Dies: Differing Perspectives*  
by Sherokee Ilse and Tim Nelson, A Place to Remember Publisher & Wintergreen Press, 2008

*Ectopic Pregnancy*  
(Also available in Spanish as *El Embarazo Ectópico*)  
by Bereavement Services, 2008

*Empty Cradle, Broken Heart: Surviving the Death of Your Baby*  
Revised & enlarged edition by Deborah L. Davis, Ph.D., Fulcrum Publishing, 1996

*Empty Arms: Coping With Miscarriage, Stillbirth and Infant Death*  
(Also available in Spanish as *Brazos Vacíos Sobrellevando el aborto espontáneo, el nacimiento de un bebé muerto u la muerte infantil*)  
by Sherokee Ilse, Wintergreen Press 2002

*For Better or Worse: A Handbook for Couples Whose Child Has Died*  
by Maribeth Wilder Doerr, Centering Corporation, 2009

*Healing After Loss: Daily Meditations for Working Through Grief*  
by Martha Whitmore Hickman, Avon Books, 1994

*Healing Your Grieving Heart After Stillbirth: 100 Practical Ideas for Parents and Families*  
by Alan D. Wolfelt, Ph.D. & Raelynn Maloney, Ph.D., The Center For Loss and Life  
Transition, 2013

*Healing Together: For Couples Grieving the Death of Their Baby*  
by Marcie Lister & Sandra Lovell, Centering Corporation, 2004

*Hope is Like the Sun: Finding Hope and Healing After Miscarriage, Stillbirth, or Infant  
Death*  
by Lisa Church, HopeXchange Publishing, 2004

*Life Touches Life: A Mother's Story of Stillbirth and Healing*  
by Lorraine Ash, NewSage Press 2004

*No U Turn at Mercy Street: A Memoir and Resource Guide for Grieving Parents*  
by Chandrama Anderson, MA, MFT & Holly Brady, 2010

*Our Heartbreaking Choices: Forty-Six Women Share Their Stories of Interrupting a Much-  
Wanted Pregnancy*, Edited by Christie Brooks, iUniverse Publishing, 2008

*Pregnancy After a Loss: A Guide to Pregnancy After a Miscarriage, Stillbirth, or Infant  
Death*  
by Carol Cirulli Lanham, Berkley Publishing 1999

*Remembering with Love: Messages of Hope for the First Year of Grieving and Beyond*  
by Elizabeth Levang, PhD. & Sherokee Ilse, Fairview Press 1996

*Single Parent Grief*  
by Sherokee Ilse, A Place to Remember Publishing, 2003

*Strong and Tender: A Guide For The Father Whose Baby Has Died*  
by Pat Schwiebert, RN, Grief Watch Publishing, 2003

*Tears of Sorrow, Seeds of Hope: A Jewish Spiritual Companion for Infertility and  
Pregnancy Loss*  
by Rabbi Nina Beth Cardin, 1999

*The Healing Choice: Your Guide to Emotional Recovery After an Abortion*  
by Candace De Puy, Ph.D. & Dana Dovitch Ph.D., Simon & Schuster, 1997

*The SIDS & Infant Death Survival Guide: Information & Comfort for Grieving Family &  
Friends & Professionals Who Seek to Help Them*

(Also available in Spanish as *Cómo aceptar la muerte súbita e inesperada de un niño, Información y apoyo para familias en proceso de duelo y para amigos y profesionales que desean ayudarlos*)

by Joani Nelson Horchler & Robin Rice Morris, SIDS Educational Services, Inc., 2003

*They Were Still Born: Personal Stories About Stillbirth*

by Janel C. Atlas, Rowman & Littlefield Publishing, 2010

*Trying Again: A Guide to Pregnancy After Miscarriage, Stillbirth, and Infant Loss*

by Ann Douglass & John R. Sussman, MD., Taylor Trade Publishing, 2000

*Unspeakable Losses: Healing From Miscarriage, Abortion, and Other Pregnancy Loss*

by Kim Kluger-Bell, HarperCollins Publishers, 1998

*Unsupported Losses: Ectopic Pregnancy, Molar Pregnancy, and Blighted Ovum*

by Sherokee Ilse, A Place To Remember Publishing, 2001

*When Bad Things Happen to Good People*

by Rabbi Harold S. Kushner, Knopf Doubleday Publishing, 2001; in paperback by Random House, 2004

*When Hello Means Goodbye: A guide for parents whose child died before birth, at birth, or shortly after birth*

(Also available in Spanish as *Cuando Hola Significa Adios*)

by Pat Schwiebert, RN & Paul Kirk, MD, revised 2012, Grief Watch Publishing,  
[www.griefwatch.com](http://www.griefwatch.com),

*Writing to Heal the Soul: Transforming Grief and Loss Through Writing*

by Susan Zimmermann, Three Rivers Press, 2002